



TITLE SUBSTANCE ABUSE POLICY FOR STUDENT ATHLETES

Policy Procedure Rule Regulation Form

No.: 353
Page 1 of 1
Ref.: Student Aff.
Date: 4/21/87 (Rev.)
Approval: *Cleri*

1.0 Introduction

Lyndon State College is committed to offering an athletic and educational program that stresses the qualities of leadership, character, and citizenship. Performance-affecting drugs clearly compromise such a commitment and undermine the integrity of athletic competition, which is grounded on the principle that athletic achievement is the result of individual and team ability, training, and motivation. Tolerance of drug abuse by student athletes encourages others to use drugs to equalize the competition. Drug use may also pose a risk of injury or even long-term harm to self and others. Additionally, drug use by student athletes damages the institution in the eyes of the public.

2.0 Policy

Given these causes for concern, Lyndon State College does not condone the use of regulated stimulants, depressants, narcotics, hallucinogens, or any controlled drugs (except through prescription by a physician or dentist).

3.0 Procedure

3.1 Education Program

Consistent with the goal of education by the College, Lyndon State College is committed as well to providing a formal drug education program to all of its students, including athletes, coaches, trainers, and student managers, on the hazards of drugs in regard to their use generally as well as in athletics specifically. Likewise, assistance is provided in rehabilitating students who have engaged in the use of performance-affecting drugs.

3.2 Screening Program

Given the causes for concern about substance abuse, Lyndon State College conducts a drug screening program for all student athletes. The screening consists of a questionnaire administered to all student athletes to determine drug usage, the pressures and concerns that students have about illegal drugs, sport enhancement drugs, and alcohol and tobacco. The screening is scheduled to be conducted during an intercollegiate athletic season so as to detect drug use or concerns likely to affect athletic performance.

3.3 Due Process and Rights to Privacy

The screening program assures the privacy of all student athletes and restricts information disclosed to appropriate personnel. No other release of the information is to be authorized without the athlete's written consent or appropriate legal action.