



American Red Cross Adult & Child CPR/AED and First Aid Certification

Join the ranks of those who can spring into action when trouble strikes. This hybrid course will prepare you to recognize and care for a variety of first aid, breathing, and cardiac emergencies involving adults and children and may meet OSHA/workplace requirements for CPR/AED/First Aid training.

You can start taking your course as soon as you register or when convenient to you.

Apply your learning at the hands-on training with an experienced instructor.

American Red Cross certifications valid for 2 years will be issued to participants who successfully complete the class.

Prerequisite: Computer access for digital course materials

Who participates?

- Those looking to meet employment requirements,
- Education majors participating in field-based experiences in teaching and classroom work,
- Youth coaches for baseball, softball, lacrosse, and other sports.
- Anyone interested in emergency preparedness.

[REGISTER today at www. LyndonState.edu/Professional](http://www.LyndonState.edu/Professional)

For additional information, contact Ann Nygard at ann.nygard@lsc.vsc.edu or (802) 626-4867.